Eye of the Beholder Quilt Design

original hand and machine applique patterns inspired by the world around us

info@eobquiltdesign.com – (970) 330-6164

Machine Reverse Appliqué Is FUN!
Fleur de Lis (10” x 12”)

Pieceable Friends, October 3, 2026, 9 am – 1 pm
Taught by Margaret Brewster Willingham

Join the fun and be empowered! Make the gracefully elegant Fleur de Lis (10” x 12”) block by machine with reverse appliqué for a unique, dimensional look! You will learn Margaret’s quick and easy steps in Eye of the Beholder’s trace, snip, iron, and stitch process to create your block by machine or finished even faster with Appli-quilting. Margaret will give you pointers on how to successfully satin stitch appliqué, giving you crisp points without “xes” and smooth, gapless curves. See the dimensional magic of the Fleur de Lis (10" x 12") revealed as you stitch. Make two and create a table runner; make a pillow or use as a flap on a bag. What color will you make yours? Learn with others and experience the fun and beauty of reverse appliqué by machine! eobquiltdesign.com

Supply List

Fabric requirements: Batiks or quality hand-dyed fabrics are required for this project. They are tightly woven, have a fine hand, and don’t fray as much as other cottons. These qualities make it easier to needle-turn under. Additionally, they are rich in color and texture.

Think about before you cut your fabric:

- Table runner ideas:
  - Make 2 of this block, create another block for the middle and make a small reverse applique and pieced table runner. (Fleur de Lis + block + Fleur de Lis = Table Runner)
  - Cut top & background fabrics 16” x 38”. Trace the Fleur de Lis design, centered on ends and 2” in on 3 sides of the background fabric, to make a table runner from solid pieces of fabric. Trim to 14” x 36” when done. (design is 1” in on 3 sides when done)
- Make pillow top or block for quilt: Center design on a larger fabric square. You determine the size.
- Flap on a bag or pocket on side of a tote bag. Cut fabric to size you determine. Center design as you trace.

For *Fleur de Lis* Block

- ***Fleur de Lis*** pattern by *Eye of the Beholder Quilt Designs* (required). Available from Pieceable Friends.
- **Fabric option:** When creating by machine, you have the option to choose a medium-dark fabric for the background, and a light fabric for the top, because you trace the design onto the paper side of your fusible.
    - 1 - 12" x 14" rectangle, light (medium/dark) batik, background fabric
    - 1 - 12" x 14" rectangle, medium – dark (light) batik, top fabric
- 1 - 10" x 12" rectangle Flexi-Fuse* (paper-backed, iron on fusible)
    - NO Steam-A-Seam. Although it is a wonderful product for applique, it is NOT suitable for reverse applique. You want a fusible that is dry when you remove the paper and doesn't stick until activated by heat.
- 5-8 straight pins, pinning fabric to pattern to trace
- Mechanical pencil (tracing pattern onto paper side of Flexi-Fuse)
- 1 pair small, sharp scissors* (our Kai 4" bent-handled, sharp-tipped scissors recommended)
- Terial Magic* spray-on stabilizer (or 12" x 14" add in stabilizer)
- 1 spool of 40 – 50 wt thread - machine stitching (SAME or COMPLIMENTARY COLOR as top fabric)
- Iron, Ironing surface
- Sewing machine with zig-zag stitch (bring manual for stitch information)
- Open-toed sewing machine foot (*strongly recommended)*
- New 80/12 or 75/11 sewing machine needle. (Bring extras in case of breakage.)
- **For Appli-quilting option:**
    - 12" x 14" rectangle, batik fabric for backing (or larger than the size of your piece. If pillow top, plain muslin fabric will do.)
    - 12" x 14" rectangle, batting (or larger than the size of your piece)
    - 90/14 sewing machine needle
    - 5-9 safety pins or 505 spray adhesive for layering
- **Helpful items:** Light box helpful (It may be needed for tracing), Painter's tape, Scotch tape

*These items available for purchase on eobquiltdesign.com

Optional Kit:

Machine Accessory Kit: cost = $45.00

1 pair Kai bent-handled, sharp-tipped scissors,
1 yard Flexi-Fuse
Terial Magic

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Preparation before Class: Machine Reverse Appliqué Is FUN! Fleur de Lis

1. **Purchase Required pattern: *Fleur de Lis*** (Available from Pieceable Friends)
2. Students choose how they are going to make their ***Fleur de Lis***. Make as written, a 10" x 12" block, one of the suggested options, or an idea of one's own. What you make will determines the size you cut your fabrics.
3. Read the pattern through paying special attention to the directions for *Reverse Applique by Machine.* Imagine yourself making it as you read.
4. Read and follow the directions for *Reverse Applique by Machine,* **Fabric selection and preparation** 1 and 2, and cut your fabrics.
5. **Cut the fabric (as written in the pattern):**

- 1 - 12" x 14" rectangle, light (medium/dark) batik, background fabric
- 1 - 12" x 14" rectangle, medium – dark (light) batik, top fabric
- 1 – 10" x 12" rectangle, Flexi-Fuse* (paper-backed iron-on fusible)
- **If Appli-quilting you will need:**
  - 1 - 12" x 14" rectangle, batik fabric for backing (or larger than the size of your piece. If pillow top, plain muslin fabric will do.)
  - 1 - 12" x 14" rectangle, batting (or larger than the size of your piece)

6. Read and follow the directions for **Pattern marking** 1, 2, and 3, and **Ironing and trimming the pattern** 1. **U**se Painter's tape or straight pins to secure fusible to the pattern while tracing. A Light box may be helpful when tracing. If you don't have a lightbox, use scotch tape to tape your pattern and fusible to a window for easy tracing.
7. If you are comfortable and understand the directions, read and follow the directions for **Ironing and trimming the pattern** 2, cutting the pattern design out of your fused top fabric.
8. If you are unsure of any step along the way of these preparations, don't worry. Just wait until class, and Margaret will explain, clearing things up.
9. Gather all the items on your supply list, your sewing machine, and bring them to class.

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WHY THE TOOLS ARE IMPORTANT!

Be ready for success!

The fabric and notions listed in our patterns are specific for a reason. They work. These are the tools I use every day in my work and will help you be successful. Our non-traditional methods do not require many tools, but having the right tools will make all the difference in the world for your stitching pleasure and success. I would hate you to be frustrated and discouraged because of the wrong tools. Please be sure to order everything you need from the website or your local shop, so you are properly prepared. Also, please check out our informative Technique Tutorials and Blogs. I want you to have the best possible experience with our patterns and methods.

Batiks or top-quality hand-dyes are the requested fabric for our projects, particularly for hand work. The reason is they have a high thread count (220). The high thread count produces a tight weave which will give you a nice "hole" when you baste with the No. 7 Sharps needle and 28 wt. basting thread (see below) and minimizes the fraying as you cut and hand stitch. Occasionally I've run into a "hard" batik, but not too often. Batiks and hand-dyes are also beautifully colored fabrics, rich in color and design, generally irrelevant which is the right side. I recommend pre-washing fabric before beginning your project. An experienced stitcher may choose silks and other beautiful, challenging fabrics to create with.

For Machine Work All items are available in the Notions section of our shop at www.eobquiltdesign.com

- Flexi-Fuse: This is a double-sided, paper-backed iron-on fusible that is lightweight yet adheres well. When your piece is done and washed, your quilt piece is supple. Flexi-Fuse comes 21" wide in 3 lengths: 1 yd x 21", 2 yds x 21" or 3 yds x 21".

- Terial Magic: a spray-on stabilizer defined as "Best Press on steroids", and just about the only stabilizer I use. We use it to stabilize fused fabric pieces before stitching machine reverse applique. Spray it on, let dry 15-20 min. and iron dry the rest of the way. Depending on how much you use it stiffens your fabric like paper, so it won't pucker into your satin stitch. Also great for machine embroidery, applique or if you need to stabilize bias cut quilt pieces. When you are done it just washes out. It can also be used with 3-D art pieces.

- Kai 4" bent-handled sharp-tipped scissors: I use these scissors to cut out all my fused reverse applique pieces. The tips are so sharp I can poke right on the edge of the design, and their small size gives me great maneuverability and precision. The bent-handled shape keeps the blade and fabric flat on the table and my cutting hand off the piece as it cuts. These scissors open and close easily, cutting down on hand/ wrist fatigue, and the vanadium steel holds its edge. These are my go-to scissors, using them to un-sew seams and satin stitches.

- Machine Accessory Kit: A convenient start-up kit for machine reverse applique that includes: 1 – 21" x 1 yard piece of Flexi-Fuse; 1 – 16 oz. Terial Magic; Kai 4" bent-handled, sharp-tipped scissors for machine work. (Cost = $45.00)

Other helpful products: All items are available in the Notions section of our shop at www.eobquiltdesign.com

- Pin Pals: I use my Pin Pal to hold my Kai scissors. The Pin Pal stays in place with 2 magnets-one in front and one in the back. Of course, you can also use it to keep your pins handy.

- Perfect Piecing Foundation Sheets: These are fabulous for paper-piecing as they are like lightweight interfacing. You can run them through a printer to print your foundation patterns on them. You can easily see through them for positioning your pieces, and when finished, you can leave the Perfect Piecing Foundation Sheet in your block for added stability.

- Stabilizer for Silk & T-shirts: A lightweight, iron-on interfacing/ stabilizer by Rowley. It feels like a piece of lingerie with glue on one side for fusing onto silk or T-shirts. It tames the fraying of silk fabric yet keeps the suppleness of silk. With T-shirts it manages the curling of woven knits, gives it body yet keeps them soft and supple, too.

- Roxanne's basting glue: A must-have product for holding the sashing strips in place when doing our quilt-as-you-go class. Also helpful for a fast method of doing bindings...temporarily glue first and then machine sew close to the seam. Heat sets it, and then it washes out. Choose 1 oz or 2 oz bottles.

- Quilt-As-You-Go Handbook: Explains the steps of Pauline Rogers' Quilt-As-You-Go method with all her experiential tips. She gives ideas for quilting and goes beyond the basics of quilting as you go, covering other uses for the sashers for making sashing, spacers, bias, trim and bindings. The handbook includes pages for making your own personal notes.

- Sasher Collection – ultimate, small, and x-small: Make an assortment of sizes of sashings from 1/8" – 4" quickly for use in our Quilt-as-You-Go classes without burning your fingers. Ultimate set has 12 different sasher sizes, or get the single 1" sasher, and the x-small is a ½" sasher. It can also be used for making bias, bindings, and trims.